



Borsdane Wood: Freedom Trail Series 2

To be completed in the week 5th to 11th April.

Road shoes or trails shoes okay.

2 options for parking (I've not tried these postcodes in my sat nav!):

1. At the start/finish (WN2 4BT) on Hindley Mill Lane and surrounding roads.
2. Borsdane Wood car park (BL5 3AL) which is at the opposite end of Borsdane Wood from the Start/Finish, although a good opportunity for a warm-up and quick recee of the course!

Start/finish at the far end of the first footbridge. i.e. the end closest to the woods.

Head straight up the trail into the woods.

Out for approx. 1.3 miles to the next proper footbridge.

Don't cross, but turnaround at this bridge.

Return to the start point (2.6 miles)

Repeat the out and back so that you run approx. 5.2 miles in total

