

Route Notes: Low Common

It's road shoes all the way on this one, there's a bit of canal towpath, but there's absolutely no mud. The course is 5.37 miles starting just past the garage on the East Lancs at the Greyhound roundabout and finishing at the end of Timperley Lane. There are plenty of places to park near the finish at the side of the road, I'd suggest going a short way up Greenfold Way on the other side of Warrington Road.

