

### Lockdown Trails 3: Low Hall Nature Reserve

Instructions are from the small car park at Low Hall Nature Reserve. There are a few other places you could start the route.

Start from trail at the back of Low Hall car park, heading past the Stone Circle and turn right at the crossroads.

Follow this to the next crossroads and turn left, going down to the bridge over the stream, then through a gate.

Straight after the gate take the right hand option under the old railway bridge. You'll see a flooded field in front of you and bear right.

Follow this all the way through to the road (usually a parked lorry almost blocking the entrance.

Left onto the road and at the t-junction with the main road turn left.

Continue on the road for half a mile or more until you see a track on the left, with a sign marked Victoria Fields.

Continue on this trail, straight over at the cross roads and over two green bridges.

At the end some other trails converge, but go straight ahead onto the road. Continue past Leyland Park on your left, past the football pitches and you'll start going past houses. Take the 2<sup>nd</sup> left which is more of a dead end track and at the end you'll see a small wooden gate to a trail between fields.

Follow this trail through the fields and keep straight on when there's a choice, then bear right up to a silver gate, which takes you up a short street to the main road.

Cross the road and take the cobbled track to the left of the building straight opposite.

Turn right at the choice, with a sign saying Wigan Greenheart Cycleway.

At the first junction bear left, then when you see Amberswood Lake bear right to follow the edge of the lake, until you reach a junction with signpost right to Seaman Way.

Follow this trail, bearing right until you reach Seaman Way, turn left along there for a short distance until you see the trail to your left, just on a slight bend to the right.

Follow this trail and when you get to the t-junction go left.

Follow this trail through until you get back to Amberswood Lake again, where you turn right and follow the main trail through to the end of the route at the end of Crompton Street, where you'll see the car park at the other side of the road.

If you're on your bike then repeat!