A&T Ultra Championship Scoring 2020

All races that cover a distance of over 26.2Miles or 6hr timed will qualify for the Ultra championships.

Each competitor will need to complete a at least one race that meets the above criteria, with their best <u>THREE</u> results counting towards the championships.

The final standings will be based on the total number of points scored based on the above, using the below system.

All races will be scored based on the following three aspects of the race / result:

- Distance
- Ascent
- Finishing position

Additionally, Three races will be selected as Club Championship races and an extra 20% will be available on top of score for these events. For 2020, these races will be:

- Haworth Hobble Saturday 14th March (32 Miles / 4400ft Elev.) £20 Entry Fee (Approx Not Yet Open)
- Trailblaster (Burnley) 10-12th July (Timed event 6/12/24hr) £38-£50 Entry Fee
- <u>Bullock Smithy</u> (Stockport) Saturday 5th September (56 Miles / 8095ft) £30 Entry Fee

The advertised distance of the race will be multiplied as follows:

D	Dist	26.2-	30-	35-	40-	45-	50-	55-	60-	70-	80-	90+
1)	Miles):	29.9	34.9	39.9	44.9	49.9	54.9	59.9	69.9	79.9	89.9	
Ν	/lultiplier:	X1.00	x1.01	x1.02	x1.03	X1.04	X1.05	X1.06	X1.07	X1.08	X1.09	X1.10

Ascent

The advertised number of Thousand Feet climbed will be multiplied as follows:

Feet Climbed (x1,000)	0.0-0.5	0.5-1.0	1.0-2.0	2.0-4.0	4.0-6.0	6.0-8.0	8.0- 10.0	10.0- 15.0	15.0- 20.0	20+
Multiplier:	x1.0	x1.05	x1.10	x1.15	X1.20	X1.25	X1.30	X1.35	X1.40	X1.45

Finishing Position

This will be worked out as position as a ratio of finishing position against the number of starters:

• ((Number of starters – Finishing Position) +1)÷ Number of Starters = Multiplier.

Example – In a race where a runner comes 11th out of 220 athletes:

- ((220-11)+1)÷220=Multiplier
- Therefore: 210÷220=0.95
 - o In this example the Finishing Position Multiplier is **0.95**

Totals

To work out the total score for an event you would multiply the Distance score by the Ascent score and multiply this by the finishing position (Championship races will also have the additional multiplier of 1.1 added at the end of this).

Example - 2018 White Rose Ultra 30

- Distance = 30Miles
 - o 30 x 1.01 = 30.3
- Ascent = 3,865ft
 - o X1.15
 - Finishing Position = 17 out of 75
 - \circ ((75-17)+1) ÷ 75 = 0.787
- Total Score = (30.03x1.15) x 0.787 = 27.18 Points
- If this was a championship race, an additional 20% would also be added:
- 27.18 x 1.2 = 32.61 Points

^{**} Multi-day/multi-stage races will be subject to a 5% decrease in points per stage (over 1) **

^{**} Relay races where the individual covers >26.2 miles will be subject to 5% decrease in points per team member (over 1) **